Summary of the WHO approach to hand hygiene improvement

Five part Multimodal Hand Hygiene Improvement Strategy

Five Step Implementation Schedule

The 5 moments for hand hygiene

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The 5 part WHO Multimodal Hand Hygiene Improvement Strategy

- System change – alcohol-based handrub at the point of care
- Training and education
- Observation and feedback
- Reminders in the workplace
- Creating a safety culture
The WHO 5 steps to implementation

Step 1: Facility preparedness
- Months 1-3

Step 2: Baseline evaluation
- Months 4-5

Step 3: Implementation
- Months 6,7,8

Step 4: Follow-up evaluation
- Months 9-10

Step 5: Action planning & review
- Months 11-12

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The Five Moments for Hand Hygiene

1. Before Patient Contact
2. Before Aseptic Task
3. After Body Fluid Exposure Risk
4. After Patient Contact
5. After Contact with Patient Surroundings
Alcohol-based handrub at the Point of Care

1. Before patient contact
2. Before aseptic task
3. After body fluid exposure risk
4. After patient contact
5. After contact with patient surroundings

The handrub must be easily accessible to staff.

As close as possible to where patient contact is taking place.

Staff should not have to leave the zone of care/treatment to clean their hands.
The Five Moments

Five part Multimodal Hand Hygiene Improvement Strategy

Five Step Implementation Schedule

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High reliability
Less error
Greater compliance
Less infection
Safer patient care

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